The Pantry Page-Norman on Facebook lists current outdoor 24/7 pantries at: facebook.com/groups/pantrypagenorman/ General Resource Info: Call 211 or Text: 2110K to 898211 or go to www.2110klahomahelpline.org/

Norman Pantries (or Meals*) Address		Times and Requirements/Limits Unless indicated, all #s are	405 A.C.
Adventist Community Services 1818 E. Alameda Carol		3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland and McClain Co. Res.	250-3589
Aging Services	1179 East Main	M-F: 8:30-5, Non-perishables for 60+, Check out: www.agingservicesok.com	321-3200
Alameda Baptist Church	1503 Alameda	Open T/Th 10-12 by appt only. Call/leave message by 8am T/TH Norman/Noble Res. w ID (4x limit)	329-5157
Alameda Church of Christ	801 E Alameda	Wed. 10-12:00, Photo ID, 4 th Thurs: 5:30-7:30, 2 nd Sat: 9-12 Res. in McClain/Clev Co	321-0788
*Antioch Norman	1330 E. Lindsey	"The Table" Community dinner on 1st and 3rd Mondays of the month, 5:30-7:00	310-4343
Crosspointe Church	2601 SE 24 th	1st-4th Fridays (no 5th Friday) 9-11:30 Pic. ID required, limit every 60 days	329-0823
FBC of Norman	211 W Comanche	Food bags per request during office hours M-F (8-12, 1:30-5) Push intercom button	321-1753
*Food and Shelter	201 Reed	M-Sat. Breakfast @ 8, lunch @ 11, Sun lunch @ 11:30 For Pantry, see Share Center below	360-4954
Goodrich UMC Care Closet	200 W. Hayes	3 rd Thurs. 11:00 - 12:00 hygiene/paper items Norman residents, ID required	321-0975
LifeSpring Church	600 W. Tecumseh	1st Sat. 10:00-11:00am, Picture ID required For info, go to www.lifespringnorman.com	292-7770
McFarlin Mem. UMC Pantry	419 S University	T/Th: 10-4; (2 Sats/mo. 10:00-11:30 Call for dates), 2 wk limit, Residents of Norman/Noble/Little Ax	e 321-3484
*McFarlin Tues. Together Mea	2	Free community dinner 6:00-7:00 in Fenn Hall, 2nd Tues. of the month. <i>Call to confirm</i>	321-3484
*Meals on Wheels	528 E Main	M-Th 7:30- 3:30, F: 7:30-2:00 Must be over 62. Under 62, must be disabled or doctor referral	321-7272
Mission Norman	2525 E. Lindsey	MTW: 10-11 & 12-2, Th: 2-5:00pm, F:10-12 NO ID required (30 day limit)	321-8880
Pantry Partners Inc.	517 W. Gray	Serving H.S. teens (14-19) in Norman area Contact PantryPartnersNorman@gmail.com or text:	833-3671
*Salvation Army Meals	318 E Hayes	Dinner 5-6 Hot meals – 7 days a week	364-9910
Salvation Army Food Pantry	1124 N. Porter	T/Th. 1-3, ID/Proof of Residence and Income, Cleveland Co. Residents only, 30 day limit	364-9910
Share Center	213 Reed	T/W 2:30-5:30; Th/F 11-2, 3 rd Sat 12-2; Norm, Noble, Lex or McClain Co. Photo ID & Proof of Re	
Univ. of Oklahoma	333 Cate Center Dr.	Go to ou.edu/food pantry for current dates/hours. Student, staff or faculty. OU Employee ID ca	
Food Pantries in South and E			1
First Baptist of Noble	330 E Chestnut	M 1:30-3:00 Serving residents HW77 East -96th, Post Oak South to Slaughterville Rd 1x mos.	872-3529
First Baptist of Lexington	900 E. Broadway	Non-perishable items. M-TH (9-4:00 by appointment) Limit 1x 90 days. Call first.	527-6758
First Methodist of Lexington	631 E. Ash, Lex	3rd Saturday, 12-4:00 Area residents may shop for food items	527-3506
First State Bank – Noble	102 N. Main	Contact a customer service representative for info.	872-3434
Hilltop Baptist- East Norman	11710 E Stella Rd	M/Th 9:30-12, Photo ID, 15 mile radius, 30 day lim.	794-0603
Lakeview Baptist Church	10510 E. Alameda	2nd and 4th Thursdays 10-11:30, Bring ID. Call to confirm.	366-8611
Little Axe Community Center	1000 168 Ave NE	Mondays 9-4 For residents in Little Axe School Dist. Call first to confirm open hours.	292-9770
Noble Senior Center	600 E. Maguire Road	Drive through congregate lunch pick-up M-F 11:30-12:00 (\$2.25 suggested donation for 60+)	872-5921
Noble Cupboard	115 N. 2nd St.	24/7 Self-serve pantry located in front of Noble Police Station	
12 Corners Baptist Church	156th/Etowah Road	Call for info. ID required: Noble and surrounding area residents only	312-1442
Cornerstone Baptist Church	10101 60 th St.	Formerly Slaughterville Baptist. 2 nd Sat. 9-12 Serving residents in the Slaughterville area only	872-5576
Food & Resource Center 2635 N		M:12:30-5:30, W-F 10-3, 3 rd Sat 9:30-11:30 Check zip codes for Moore/OKC at: rfbo.org/frc	600-3182
First Baptist of Moore	301 NE 27th/I-35	Mon. 10-1, 5:30-7:00 Pic ID/utility bill requ., 1x mos. For qualifying zip codes go to: firstmoore.co	m793-2600
Fresh Start Comm. Church	309 N. Eastern	3rd Thurs. 5-6, Residents of Moore Pic ID required, freshstartok.com	794-7313
Highland Baptist (Moore)	2425 SE 4th	Tues. 6:30-8:30, Thurs. 9-12, Pic. ID required, 60 days limit, For info, go to hbcmoore.org	794-5432
Moore 1st UMC (NE Entrance)	201 W. Main	Wed. 3-5:00, Sundays 1:30-3:00 Call for info and to set up an appointment	794-6671
Regencypark.church	2001 N. Janeway	Wed. 10-4 Serving residents in zip codes: 73160 or 73139, limit 1x a month	794-3507
St. Andrews Catholic	800 NW 5th Moore	T/F 10-noon, closed 2nd Tues. utility bill photo ID (30 days) Moore School Dist. residents only	799-3334
Send Relief Center	2444 SW 89th OKC	Located across from Fairview Elementary. M-TH: 10-12 & 2-4; Th: 6-8pm, (food, clothes, pers. items	s) 514-5710

CHILDREN (and MOTHERS)		To apply for SNAP benefits (food stamps) Call 405-487- 5483					
Baby Steps	941 Nebraska	Provides childcare, counseling/parent classes for teen parents at NPS, car seats	360-2717				
Big Brothers Big Sisters	502 E. Main	8:30-5:00, M-F, Children ages 6-17 matched with mentor, For info: bbbsok.org	364-3722				
CASA: Southcentralcasa.org	2241 W Lindsay	Court-appointed advocates for abused/neglected children in court system	360-5295				
CCFI Boys and Girls Club	ccfinorman.org	Enrichment for NPS students ages 6 and up, M-F: 3:00-7 (8-5 for the summer month programs	s) 364-1420				
Center for Children/Families	210 S. Cockrel	Baby pantry: M-F 8-5: (limit 2 wks) teen/new parent classes, divorcing/co-parent services, counse					
Cleveland Co. Health Dept.	250 12th Ave NE	oklahoma.gov/health/county-health-departments/cleveland-county-health-department.html	321-4048				
W.I.C. Nutritional programs for young families & more		M-Th 8-4, F: 8-11 All services/immunizations (COVID, STD, head lice, dental, car seat by appt. only					
Sooner Start (Birth-3)		Early intervention for developmental delays, Children First (First time moms, referrals must contact before 29 weeks					
Child Guidance Program (Birth-12)		Behavioral health, child development, hearing, speech-language pathology (screenings and treatments)					
Community After School Prog		Free tutoring for students (K-5 th) of working parents reading below grade-level caspinc.org	366-5970				
Crossroads Youth & Fam Cent	ter 1650 Tecumseh, Ste 50	Counseling, Emergency Youth Shelter Crossroadsyfs.org	321-0240				
Headstartprogram.us/city/ok-norman 1333 W Main		6-week to 4 year school readiness program, daycare for special needs	292-6440				
Infant Crisis Center of OKC	4224 N. Lincoln Blvd	For Baby Mobile info/schedule for Norman, go to: infantcrisis.org/get-help/babymobile/	528-3663				
kaleidescopegriefsupport.com		Free support for children (ages 3-18)/families grieving the death of a loved one. For info call:	306-0052				
Loveworksleadership.org		After school leadership program for ages 9-14 to develop character and inspire young entrepre	neurs				
Mary Abbott Children's House	231 E. Symmes	Offers coordinated investigation and intervention services to child abuse victims	579-5800				
Operation School Bell		Provides new clothes/shoes for students K-12 in NPS & Little Axe Schools Contact school contact school contact school contact school schools.	<u>unselor</u>				
openheartresourceroom.com	405-887-1787	Delivers items to children in out-of-home care. Referral from agency/minister and documentat	ion required				
Variety Care	1237 Alameda	Care for uninsured/under insured women/children, nutritionist on Fridays.	632-6688				
111 Project		Engaging the church in meeting needs of children and families in crisis (Foster Care Space) 94	0-782-2343				
		aundry at Sooner Wash 1x a month. For date and info, contact <u>soxoflove@gmail.com</u> or 362-605	2				
Adventist Community Services		3rd, 4th & 5th Tues. (9-12) Current ID/proof of residence Cleveland Co. (3x yr limit)	366-7772				
Church of Christ in Noble	111 N. Main	Please call to make an appointment. (clothes, bedding, shoes, etc.)	872-3140				
Crosspointe Church	2601 SE 24 th	1st-4th (no 5th) Friday 9-11, Picture ID required, 60 day limit	329-0823				
First Baptist of Norman	211 W Comanche	By appt: Tuesdays 1:30-3. Can also request during office hrs. (Clev. Co. Res. only)	321-1753				
First Presbyterian Thrift Shop	404 Toberman	Thursdays, 9-4 (exc. for holidays/school closings), min. cost, emergency vouchers 1-2:30	321-0933				
Outreach Thrift	621 12th Ave NE	Partners with churches/agencies to give free clothing assistance M-S 10-7, Sun. 12-6	928-2072				
Salvation Army	1124 N. Porter	Clothing for homeless anytime, proof of homelessness, ID and income	364-9910				
St Joseph's Catholic Thrift Sto	re 211 N. Porter	Wednesdays 9-12, (9-3 on 1st Wed of month) minimal cost (free if can't afford) 1x month	701-3693				
Sharingtreeok.org	Moore	Provides shopping experience in Moore facility. Must apply online at sharingtreeok.org	634-2006				
GENERAL ASSISTANCE in Cleveland County (C.C.)							
ABLE	300 N. Craw		329-3922				
Among Friends FB@AmongFri		•	701-2121				
Bethesdaok.org	1181 E. Mair		364-0333				
Cleveland Co. DHS (Norman Office) 631 E Robinson			573-8300				
Habitat for Humanity Restore 1100 W. Mair			360-7868				
Habitat for Humanity (rrhabitat.org) 1100 W. Mair			366-2813				
Human Trafficking Help (thedragonflyhome.org)		Resource for victims of human trafficking, 24-hr helpline Toll-free: 855-674-4767 or OKC					
LegalAidOK.org (Suite 1550) 2227 W Lindsa			360-6631				
Normancareavans.org		Non-profit focused on outreach/conflict resolution for Norman's most vulnerable Text or call:					
oklahoma.uniteus.com/ A directory assistance for: Food, Employment, Education, Mental Health and Housing/Shelter & others Click Indiv. then: Get Help							
Workforce Innovation Opp. Act (WIC		A state-wide free web-based job-matching and labor market info system; Okjobmatch.com	701-2681				
OK Indigent Def. System (OIDS)	330 W Gray, Ste 140	Court appointed public defender/criminal trial attorneys. To apply, go to ok.gov/OIDS	801-2636				

OU Legal Clinic legalclinic@ou.edu 300 W. Timberdell Rd Pro-bono service of civil/criminal cases for econ eligible residents in C						
PFLAG pflagnorman.org Provides support/advocacy for families of LGBTQIA2S+ Meets 2 nd Thu						
Plannedparenthood.org 619 NW 23rd OKC Pregnancy testing, HIV testing and counseling, contraceptive services	528-2157					
RAIN Oklahoma (OKC) Suite 200 3800 N Classen Free HIV Testing M-TH 9-3:30 by appt. Case Management For info:ra						
Red Dirt Collective Check Facebook Works in solidarity with the poor/working class. Community Gardens/N						
Second Chance Animal Rescue 4500 24th Ave NW A nonprofit sanctuary for stray/abandoned or abused cats and dogs.	321-1915					
St. Francis Animal Resource Center stfrancisarc.org Provides vet services, supplies/support programs to reduce the burden at						
Sharingtreeok.org Moore Helps metro families in crisis with household items, school uniforms, Cl						
Social Security (ssa.gov) 200 NE 27 th Moore M, T, Th, F 9-3; Wed:9-12 Offices offer info, help/services handled by						
Sox of LOVE (Laundry Love) www.soxoflove.org Offers sox and clean laundry service to those needing a helping hand.						
Women's Resource Center wrcnormanok.org If in danger/need to talk: Domestic Violence Crisis Hotline: 405-701-55						
Volunteer Income Tax Ass. (VITA) 1183 E. Main Assistance during tax season (Jan-April 15) F & Sat. 830-4 in Comm Set	vices BLDG 701-2009					
MEDICAL: Also see (CHILDREN (and MOTHERS)						
Central OK Comm. Action Moore Eye glasses and prescriptions for under insured. (RX Okla) As a	_					
County Health Dept. 250 12 th Ave NE M-Th 8-4, F: 8-11, TB tests, Immunizations, All services by appo	•					
https://theedenclinic.com 1125 N Porter, Ste 200 Pregnancy tests/ultrasound to conform pregnancy, M-W 10-5, Pa	renting classes/other resources 579-4673					
Etowah Baptist Church (Noble) 18901 E. Etowah Rd Pharmacy open the last Tues of the month 6-7:00 Call, leave mes	sage 899-7378					
Hope Pregnancy Center (thinkimpregnant.org) A safe, confidential/caring environment to explore options without the confidential of the confidenti	it judgement Text: 405-531-9011					
JD McCarty Center 2002 E. Robinson Therapy and medical care for children (0-21yrs) with developmen	al disabilities www.jdmc.org 307 2800					
Mission Norman 2525 E. Lindsay Up to \$25 on non-narcotics, Will call pharmacy to verify prescrip	tion 1x a yr limit 321-8880					
V.C. Primary Medical (& full service dental care in OKC with free transportation) Accepts SoonerCare, Medicare & self	pay (sliding scale) 632-6688					
Variety Care Fam. Medicine 317 E. Himes M-F, 8-5 med.care for men/women & children (by appt.) Beh	avioral health for men/women M-Th 8-5					
Varietycare.org 1237 Alameda M-F 8-5, Medical care and behavioral health for children up to 1						
Women's Resource Center confidential wrcnormanok.org If in danger or need to talk: Rape Crisis Ho						
MENTAL HEALTH/Addiction Hotline: Call 988 Tobacco: 800-QUIT NOW Gambling: 800-522-4700 Suicide Preventi						
Alzheimer's Support Group 419 University Luncheon (\$7) 3rd Wed. in Rm 209 McFarlin Memorial U.M.C. RSVP 1						
alameda.church/connect/celebrate-recovery Find freedom from life's hurts, hang-ups and habits. Tues. eves For						
Central OK Community- 909 E. Alameda Adult outpatient services, McClain/Clev. Co. https://www.odmhsas.org.						
Mental Health Center 1120 E Main Child (18 and under) & family outpatient services Crisis hotline for						
Hub 107 107 Gibbs Dr. Day (Drop-in) Shelter with mental health resources available, M-F 8-4 I	ē					
Children's Recovery Center 320 12 Ave NE Inpatient Psychiatric care for ages 13-17 with mental health & substance						
Community Works 805 E. Robinson A behavioral health/addiction agency providing outpatient counseling	-					
County Health Dept. (Meaganw@health.ok.gov) Short-term mental health support and community resources navigation						
Depression and Bipolar Support (dbsaok.org) Support group: Meets at St. Stephens Methodist Church, Thurs. @ 7:00 Call to confirm Diane:503-1948						
Caregivers Support Group Meets at Wildwood Church in Norman, 1501 24th Ave, NE	For more info: 329-3939					
Fresh Start Comm. Church 309 N. Eastern Celebrate Recovery 12-step program, Large group at 6:30 Tues./7:30	share group Call for info. 794-7313					
Green Shoe Foundation info@greenshoe.org No-cost 5-day retreats for adults with co-dependency from childhood tr	numa For more info, call 697-2109					
Griffin Memorial Hospital 900 E. Main Inpatient psych. Care for adults with mental health/sub. Abuse issues No	insurance requ. Admissions: 573-6623					
National Alliance on Mental Illness For more info on NAMI, contact: <u>naminormanok@gmail.com</u> or NAMIok	ahoma.org Call/text: 408-0984					
Red Rock Behav. Health 900 E. Main Blg 52 Psychiatric Crisis Center (suicide, homicidal) red-rock.com/resources Crisis	notline 405-987-ROCK (7625) 424-7711					
Rehabs.org/centers/oklahoma/norman Free addiction resource to help those suffering with addiction						
thevirtuecenter.org 2424 Springer Dr, Ste 300 M-Th 8-6:00, Fr 8-12, Counseling/recovery for substance abuse, gambling,						
Thunderbird Clubhouse 1251 Triad Village Dr Clubhouse for adults recovering from mental illness (Referral required) house						
Thunderbird Clubhouse 1251 Triad Village Dr Transition House 700 Asp Ave. #2 Clubhouse for adults recovering from mental illness (Referral required) house Transitional living program for adults with mental illness. For more info, go	ing@thunderbirdclubhouse.org 321-7331					

RENT and UTILITY and FINANCIAL ASSISTANCE	
Alameda Church of Christ (utilities) 801 E Alameda Call Mondays @ 8:00 am for appointment on Wed. 1x a yr (3x max)	321-0788
Low Income Household Water Assistance Program (LIHWAP) DHS Water Assistance https://search-tool-jade.vercel.app/ Type in zip code for application	522-5050
Catholic Charities (ccokc.org) 1232 N Classen OKC Offers financial assistance to 1st 8 callers @ 8:00 am Monday morning	523-3000
Sanctuary House Women's Day Shelter 425 E. Tonhawa Rental and Electric deposits Call at 8:00am	701-8248
St. Vincent de Paul at St. Andrew (utility/other) Moore school district only, Call and leave message	799-3334
St. Vincent de Paul at St. Joseph (rent/utility) Norman/Noble area Call for appointment. 1x a year limit	701-3693
St. Vincent de Paul at St. Mark Norman/Noble/Blanchard zip codes, Call and leave a message	366-8070
St. Vincent de Paul at St. Thomas More (rent/utilities) Call for Appt. Norman/Noble residents, 1x year limit	329-5372
St. Vincent de Paul at Our Lady of Victory (rent/utilities) For Purcell/Lexington area, Call and leave a message	595-1087
Food and Shelter for Friends (rent) 201 Reed Call for info/availability, proof of income and eviction notice required	360-4954
lifespringnorman.com (rent/utilities) 600 W. Tecumseh 1st Sat. 10-11, \$50 rent/util. assist. Bring cut-off notice/letter from landlord Pic ID required	292-7770
McFarlin Methodist (utilities) 419 S University Gas/water/electric, documents requ. Nor/Noble/Little Axe Thurs@ 9:30 Fenn Hall/ S. entry	321-3484
Mission Norman (utilities or rent) 2525 E. Lindsey MTW10-2 (closed 11-12) TH: 2-5:00, F 10-12 (will pay last \$25 of bill) 1x yr limit	321-8880
Salvation Army (rent/utilities) 1124 N. Porter Call to be screened for an appointment, 1x per year limit (3x lifetime limit)	364-9910
Cornerstone Baptist Church Slaughterville 10101 60 th Helping Hands Ministry for local residents only. Limited availability, call first	872-5576
Women's Sanctuary Development Center 425 E. Tonhawa Deposits for rent and electricity, birth certificates, GEDs	701-8293
SENIORS and VETERANS For more senior services, go to: www.unitedwaynorman.org/help See "Senior Resource Guide"	
Agingservicesok.com 1179 E Main Wheelchairs, walkers & adult diapers. (Congregate meal M-F 11:30-12 @ 329 S. Peters)	321-3200
	550-8806
	447-2955
EnvisionSuccessOK.org 1151 E. Main Bldg G Equipping veterans: counseling, job placement resume' skills, Cont. Ed T- F, 10-5	701-2015
	388-3808
Veteran's Corner (in Newcastle) 3805 SE 44 th Open T/Th from 8-12. Small food closet and some rent/utility assistance. Call for info.	387-5070
Veterans Service Coordinator 210 S. James Garner Provides avenues to claim benefits from county, state and federal agencies. O:366-0673 C:	593-5365
TRANSITION HOUSING and SHELTER	
Bridgesnorman.org 1670 Stubbeman Provides qualifying H.S. students with access to housing/basic services so they can graduate	579-9280
Warming Shelter (A Friend's House) 109 W. Gray Check-in at 5:00. Beds for 26 men/14 women. Currently reserving beds for guests working on hou	ısing plan.
Food and Shelter for Friends 201 Reed Call for Info: Monday – Friday, 9-5	360-4954
Habitat for Humanity (roserockhabitat.org) Builds affordable homes, wheelchair ramps, repairs, yard clean-up. See website for more info.	366-2813
Mission Norman Housing for homeless families with children. Call for application.	321-8880
Norman Housing Authority 700 N. Berry Rd Housing/rental assist. for low-inc. families & handicapped/elderly See: normanha.org	329-0933
Salvation Army 318 E Hayes As space permits (14 day limit every 45 days) Valid ID, check-in @4:30-6, 1 bag limit	364-9910
Transition House thouse.org 700 Asp Ave. #2 Transitional living program for adults with mental illness	360-7926
Women's Sanctuary Day Shelter 425 Tonhawa M-F, 8:30-4:00 Showers, laundry, computer, children play area, GED and some rental deposits	701-8248
TRANSPORTATION	
Care-a-Vans: outreach@normancareavans.org Transport for Norman unhoused, M-F 8am-5pm, subject to volunteer availability Call/text:	532-6436
Crosspoint Car Maintenance Ministry 2601 SE 24th 2nd/4th Saturdays (You provide/pay for parts) Contact Tim for more info/waiting list.	465-4427
Norman EMBARK: For info, go to Embarkok.com/norman or download Embark App for Apple/Android Free serv: M-F 7am-10pm, Sat. 10-7 Closed Sun/m	
EMBARK Plus (Curb to Curb transit for elderly/disabled within OKC limits If you have TTY service, dial 711 to reserve. Must book 1-7 days in advance:	
First Baptist Church (Bicycles) 211 W Comanche Cleveland Co. residents. Photo ID required (Call for appointment)	321-1753
Kiwanis Cruiser (Agingservicesok.com) 60 & up/Und 60 if disabled, \$2.50 donation rec. (M-F, 8:30-10:30 & 1-3) Walmart Weds. 24 hr reserv. requ	
Lifespringnorman.com 600 W. Tecumseh 1st Sat. 10:00-11:00 am (Limited amount of \$15 gas cards) Driver's license and Pic ID required	292-7770
Mission Norman 2525 E. Lindsay Gas vouchers for Dr. apt or job interview only, ID /appointment verification required	321-8880
Sooner Ride (Medicaid # required) Call from 7 am- 6pm M-S (3 days ahead) or reserve online at: member logisticare.com for med appt. (TDD 800-722-0353) 87	