## McFarlin Memorial United Methodist Church Resource List (2/4/2023)

For updates contact: mksallee@icloud.com

*The Pantry Page-Norman on Facebook lists current outdoor 24/7 pantries at:* facebook.com/groups/pantrypagenorman/ *General Resource Info:* Call 211 or Text: 2110K to 898211 or go to www.2110klahomahelpline.org/

Norman Pantries (or Meals*)AddressTimes and Requirements/LimitsUnless indicated, all #s are 405 A.C.Adventist Community Services1818 E. Alameda Carol3rd, 4th & 5th Tues. (9-12) Current ID/proof of res. Cleveland and McClain Co. Res.250-3589Aging Services1179 East MainM-F: 8:30-5, Non-perishables for 60+, Check out: www.agingservicesok.com321-3200Alameda Baptist Church1503 AlamedaOpen T/Th 10-12 by appt only. Call/eave message by 8am T/TH Norman/Noble Res. wID (4x limit)322-5157Alameda Church of Christ801 E AlamedaWed. 10-12:00, Photo ID, 4 <sup>th</sup> Thurs: 5:30-7:30, 2 <sup>nd</sup> Sat: 9-12 Res. in McClain/Clev Co321-0788*Antioch Norman1330 E. Lindsey"The Table" Community dinner on 1st and 3rd Mondays of the month, 5:30-7:00310-4343Crosspointe Church2601 SE 24 <sup>th</sup> 1st-4th Fridays (no 5th Friday) 9-11:30 Pic. ID required, limit every 60 days322-0823*Food and Shelter, Inc.201 ReedM-Sat. Breakfast @ 8, lunch @ 11, Sun lunch @ 12 NEW Pantry Hours: M-F 3:00-6:00360-4954Goodrich UMC Care Closet200 W. Hayes3 <sup>rd</sup> Thurs. 11:00 - 12:00 hygiene/paper items Norman residents, ID required321-0775LifeSpring Church600 W. Tecumseh1st Sat. 10:00-11:00am, Picture ID required For info, go to www.lifespringnorman.com292-7770McFarlin FUMC Pantry419 S UniversityT/Th: 10-4; (2 Sats/mo. 10:30-11:30 Call for dates), 2 wk limit, Residents of Norman/Noble/Little Axe321-3484*McEarlin Tues. Together Meal419 S UniversityFree community dinner 6:00-7:00 in Fenn Hall, 2n Tues. of the month. <i>Call to confirm</i> 321-7427*Meals
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roou rantries in south and fast of Norman;
First Baptist of Noble330 E ChestnutM 1:30-3:00 Serving residents HW77 East -96th, Post Oak South to Slaughterville Rd 1x mos.872-3529
First Baptist of Lexington 900 E. Broadway Non-perishable items. M-TH (9-4:00 by appointment) Limit 1x 90 days. Call first. 527-6758
First Methodist of Lexington 631 E. Ash, Lex 3rd Saturday, 12-4:00 Area residents may shop for food items 527-3506
First State Bank – Noble102 N. MainContact a customer service representative for info.872-3434
Hilltop Baptist- East Norman 11710 E Stella Rd M/Th 9:30-12, Photo ID, 15 mile radius, 30 day lim. 794-0603
Lakeview Baptist Church 10510 E. Alameda 2nd and 4th Thursdays 10-11:30, Bring ID. Call to confirm. 366-8611
Little Axe Community Center 1000 168 Ave NE Mondays 9-4 For residents in Little Axe School Dist. Call first to confirm open hours. 292-9770
Noble Senior Center 600 E. Maguire Road Drive through congregate lunch pick-up M-F 11:30-12:00 (\$2.25 suggested donation for 60+) 872-5921
Noble Cupboard115 N. 2nd St.24/7 Self-serve pantry located in front of Noble Police Station
12 Corners Baptist Church 156 <sup>th</sup> /Etowah Road Call for info. ID required: Noble and surrounding area residents only 312-1442
Cornerstone Baptist Church 10101 60th St. Formerly Slaughterville Baptist. 2 <sup>nd</sup> Sat. 9-12 Serving residents in the Slaughterville area only 872-5576
Food Pantries in Moore:
Food & Resource Center 2635 N. Shields Blvd M:12:30-5:30, W-F 10-3, 3 <sup>rd</sup> Sat 9:30-11:30 Check qualifying zip codes for Moore/OKC at: rfbo.org/frc 600-3182
First Baptist of Moore $301 \text{ NE } 27^{\text{th}}/\text{I-35}$ Mon. 10-1, 5:30-7:00 Pic ID/utility bill requ., 1x mos. For qualifying zip codes go to: firstmoore.com793-2600
Fresh Start Comm. Church 309 N. Eastern 3rd Thurs. 5-6, Residents of Moore Pic ID required, freshstartok.com 794-7313
St. Andrews Catholic 800 NW 5 <sup>th</sup> Moore T/F 10-noon, closed 2nd Tues. utility bill photo ID (30 days) Moore School Dist. residents only 799-3334

CHILDREN (and MOTHERS)			To apply for SNAP benefits (food stamps) Call 405-487- 5483		
Baby Steps	941 Nel	braska	Provides childcare, counseling/parent classes for teen parents at NPS, car seats	360-2717	
Big Brothers Big Sisters	502 E. I	Main	8:30-5:00, M-F, Children ages 6-17 matched with mentor, For info: bbbsok.org	364-3722	
CASA: Southcentralcasa.org	2241 W	' Lindsay	Court-appointed advocates for abused/neglected children in court system	360-5295	
CCFI Boys and Girls Club	ccfinorn	•	Enrichment for NPS students ages 6 and up, M-F: 3:00-7 (8-5 for the summer month programs	364-1420	
Center for Children/Families	210 S. C	e	Baby pantry: M-F 8-5: (limit 2 wks) teen/new parent classes, divorcing/co-parent services, counse		
Cleveland Co. Health Dept.	250 12t	h Ave NE	oklahoma.gov/health/county-health-departments/cleveland-county-health-department.html	321-4048	
W.I.C. Nutritional programs for young families & more		nilies & more	M-Th 8-4, F: 8-11 All services/immunizations (COVID, STD, head lice, dental, car seat by appt. only		
Sooner Start (Birth-3)			Early intervention for developmental delays, Children First (First time moms, referrals must contact before 29 weeks		
Child Guidance Program (Birth-12)			Behavioral health, child development, hearing, speech-language pathology (screenings and treatments)		
Community After School Program 1023 N. Flood		023 N. Flood	Free tutoring for students (K-5 <sup>th</sup> ) of working parents reading below grade-level caspinc.org	366-5970	
Crossroads Youth & Fam Center 1650 Tecumseh, Ste 500		ecumseh, Ste 500	Counseling, Emergency Youth Shelter Crossroadsyfs.org	321-0240	
Headstartprogram.us/city/ok-n	orman	1333 W Main	6-week to 4 year school readiness program, daycare for special needs	292-6440	
Infant Crisis Center of OKC	4224 N	. Lincoln Blvd	For Baby Mobile info/schedule for Norman, go to: infantcrisis.org/get-help/babymobile/	528-3663	
kaleidescopegriefsupport.com			Free support for children (ages 3-18)/families grieving the death of a loved one. For info call:	306-0052	
Loveworksleadership.org			After school leadership program for ages 9-14 to develop character and inspire young entrepre		
Mary Abbott Children's House	231 E.	Symmes	Offers coordinated investigation and intervention services to child abuse victims	579-5800	
Operation School Bell			Provides new clothes/shoes for students K-12 in NPS & Little Axe Schools Contact school cou		
openheartresourceroom.com		7-1787	Delivers items to children in out-of-home care. Referral from agency/minister and documentation	-	
Variety Care	1237 A	lameda	Care for uninsured/under insured women/children, nutritionist on Fridays.	632-6688	
111 Project			Engaging the church in meeting needs of children and families in crisis (Foster Care Space) 94		
2	,	<b>v</b> ,	undry at Sooner Wash 1x a month. For date and info, contact <u>soxoflove@gmail.com</u> or 362-605		
Adventist Community Service			3rd, 4th & 5th Tues. (9-12) Current ID/proof of residence Cleveland Co. (3x yr limit)	366-7772	
Church of Christ in Noble	111 N.		Please call to make an appointment. (clothes, bedding, shoes, etc.)	872-3140	
Crosspointe Church	2601 SI	E 24 <sup>th</sup>	1st-4th (no 5th) Friday 9-11, Picture ID required, 60 day limit	329-0823	
First Baptist of Norman		Comanche	By appt: Tuesdays 1:30-3. Can also request during office hrs. (Clev. Co. Res. only)	321-1753	
First Presbyterian Thrift Shop	404 Tol	berman	Thursdays, 9-4 (exc. for holidays/school closings), min. cost, emergency vouchers 1-2:30	321-0933	
Outreach Thrift		h Ave NE	Partners with churches/agencies to give free clothing assistance M-S 10-7, Sun. 12-6	928-2072	
Salvation Army	1124 N		Clothing for homeless anytime, proof of homelessness, ID and income	364-9910	
St Joseph's Catholic Thrift Sto		Porter	Wednesdays 9-12, (9-3 on 1st Wed of month) minimal cost (free if can't afford) 1x month	701-3693	
Sharingtreeok.org	Moore		Provides shopping experience in Moore facility. Must apply online at sharingtreeok.org	634-2006	
<b>GENERAL ASSISTANCE in C</b>	leveland (	<u>County</u> (C.C.)			
ABLE		300 N. Crawfo		329-3922	
Among Friends FB@AmongFri	endsOK	1185 E Main	Activity Center (M-F 9-4) for adults with additional needs/disabilities	701-2121	
Bethesdaok.org		1181 E. Main	M-F 8-5, psychotherapeutic counseling/treatment for sexually abused children 3-18yrs	364-0333	
Cleveland Co. DHS (Norman	Office)	631 E Robinso	To apply for <b>SNAP benefits</b> , call 487- 5483 Daycare Medicaid temporary assistance	573-8300	
Habitat for Humanity Restore		1100 W. Mair	New/used building supplies/furniture/appliances at a discount. Takes referrals from case workers	360-7868	
Habitat for Humanity (rrhabita	t.org)	1100 W. Mair	Wheelchair ramps, emergency home repair, yard clean-up and code violation assistance	366-2813	
Hope Pregnancy Center (think			A safe, confidential/caring environment to explore options without judgement Text: 405-531-9011		
Human Trafficking Help (thedra			Resource for victims of human trafficking, 24-hr helpline Toll-free: 855-674-4767 or OKC		
Legal-Aid-Now.com (Suite 1550		2227 W Lindsa		360-6631	
ID, DL & Birth Cert Ass. (McF	arlin)	419 W. Univer	•	321-3484	
Normancareavans.org			Non-profit focused on outreach/conflict resolution for Norman's most vulnerable Text or call: 40		
oklahoma.uniteus.com/ A direct	ory assista	nce in 20 categor	ies: Food, Employment, Education, Mental Health and Housing/Shelter, etc. Click Individual, the	n: <i>Get Help</i>	

## GENERAL, cont.

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Workforce Innovation Opportunity Act (WI		A state-wide free web-based job-matching and labor market info system; Okjobmatch.com	701-2681
OK Indigent Def. System (OIDS)		0 Court appointed public defender/criminal trial attorneys. To apply, go to ok.gov/OIDS	801-2636
OU Legal Clinic legalclinic@ou.edu	300 W. Timberdell R	d Pro-bono service of civil/criminal cases for econ eligible residents in Cleveland/McClain Co.	325-3702
PFLAG pflagnorman.org		Provides support/advocacy for families of LGBTQIA2S+ Meets 2 <sup>nd</sup> Thurs.@ 7 at Central Librar	y 360-4497
Plannedparenthood.org	619 NW 23rd OKC	Pregnancy testing, HIV testing and counseling, contraceptive services	528-2157
RAIN Oklahoma (OKC) Suite 200	3800 N Classen	Free HIV Testing M-TH 9-3:30 by appt. Case Management For info:rainoklahoma.org or	232-2437
Second Chance Animal Rescue	4500 24th Ave NW	A nonprofit sanctuary for stray/abandoned or abused cats and dogs.	321-1915
St. Francis Animal Resource Center	(stfrancisarc.org)	Provides vet services, supplies/support programs to reduce the burden at local shelters	367-5862
Sharingtreeok.org	Moore	Helps metro families in crisis with household items, school uniforms, Christmas. See website fo	r info.
Social Security (ssa.gov)	200 NE 27th Moore	M, T, Th, F 9-3; Wed:9-12 Offices offer info, help/services handled by the SSA or call: 86	6-964-4260
Women's Resource Center	wrcnormanok.org	If in danger/need to talk: Domestic Violence Crisis Hotline: 405-701-5540	364-9424
Volunteer Income Tax Ass. (VITA)	1183 E. Main	Assistance during tax season (Jan-April 15) F & Sat. 830-4 in Comm Services BLDG	701-2009
MEDICAL:		Also see ( <u>CHILDREN (and MOTHERS)</u>	
Central OK Comm. Action Mo	oore	Eye glasses and prescriptions for under insured. (RX Okla) As available! Cocaa.org	701-2170
County Health Dept. 250	0 12 <sup>th</sup> Ave NE	M-Th 8-4, F: 8-11, TB tests, Immunizations, All services by appointment only	321-4048
Etowah Baptist Church (Noble) 189	901 E. Etowah Rd	Pharmacy open the last Tues of the month 6-7:00 Call, leave message	899-7378
JD McCarty Center 200	02 E. Robinson	herapy and medical care for children (0-21yrs) with developmental disabilities www.jdmc.org	307 2800
Mission Norman 252	25 E. Lindsay	Up to \$25 on non-narcotics, Will call pharmacy to verify prescription 1x a yr limit	321-8880
	•	with free transportation) Accepts SoonerCare, Medicare & self pay (sliding scale)	632-6688
•		M-F, 8-5 med.care for men/women & children (by appt.) Behavioral health for men/women	n M-Th 8-5
Varietycare.org 123	37 Alameda	M-F 8-5, Medical care and behavioral health for children up to 18, Women's healthcare, pregr	nancy tests
		vrcnormanok.org If in danger or need to talk: Rape Crisis Hotline: 701-5660	701-5550
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WIEN IAL HEALTH/Addiction	Tobacco: 800-QUIT N	OW Hotline: Call 988 Gambling: 800-522-4700 Suicide Prev.1-800-273-TALK Spanish:888	-028-9454

MENTAL HEALTH/Addiction Tobacco: 800	J-QUII NOW <b>Hotline: Call 988</b> Gambling: 800-522-4700 <b>Suicide Prev.</b> 1-800-273-1ALK Spanish:888-628-9454
Alzheimer's Support Group 419 University	Luncheon (\$7) 3 <sup>rd</sup> Wed. in Rm 209 McFarlin Memorial U.M.C. RSVP 1 week in advance to 321-3484, ext 115
alameda.church/connect/celebrate-recovery	Find freedom from life's hurts, hang-ups and habits. Tues. eves For more info: 626-1805
Central OK Community- 909 E. Alameda	Adult outpatient services, McClain/Clev. Co. https://www.odmhsas.org/cocmhc/ 360-5100
Mental Health Center 1120 E Main	Child (18 and under) & family outpatient services Crisis hotline for 18 and under: 397-4929 573-3812
Hub 107 107 Gibbs Dr.	Day (Drop-in) Shelter with mental health resources available, M-F 8-4 <u>Hub1072@odmhsas.org</u> 573-6498
Children's Recovery Center 320 12 Ave NE	Inpatient Psychiatric care for ages 13-17 with mental health & substance abuse issues Admissions: 573-3842
Community Works 805 E. Robinson	A behavioral health/addiction agency providing outpatient counseling. Cworksok.com 447-4499
County Health Dept. (Meaganw@health.ok.gov)	Short-term mental health support and community resources navigation 579-2292
Depression and Bipolar Support (dbsaok.org)	Support group: Norman Library Roserock Rm Thurs. @ 7:00 Call first, to confirm Diane: 503-1948
Caregivers Support Group	Meets at Wildwood Church in Norman, 1501 24 <sup>th</sup> Ave, NE For more info: 329-3939
Fresh Start Comm. Church 309 N. Eastern	Celebrate Recovery 12-step program, Large group at 6:30 Tues./7:30 share group Call for info. 794-7313
Green Shoe Foundation <u>info@greenshoe.c</u>	No-cost 5-day retreats for adults with co-dependency from childhood trauma For more info, call 697-2109
Griffin Memorial Hospital 900 E. Main	Inpatient psych. Care for adults with mental health/sub. Abuse issues No insurance requ. Admissions: 573-6623
National Alliance on Mental Illness	For more info on NAMI, contact: <u>naminormanok@gmail.com</u> or NAMIoklahoma.org Call/text: 405-408-0984
Red Rock Behav. Health 900 E. Main Blg 52	Psychiatric Crisis Center (suicide, homicidal) red-rock.com/resources Crisis hotline 405-987-ROCK (7625) 424-7711
Rehabs.org/centers/oklahoma/norman	Free addiction resource to help those suffering with addiction
thevirtuecenter.org 2424 Springer Dr, Ste 30	0 M-Th 8-6:00, Fr 8-12, Counseling/recovery for substance abuse, gambling, mental health Formerly NAIS 321-0022
Thunderbird Clubhouse 1251 Triad Village Dr	Clubhouse for adults recovering from mental illness (Referral required) housing@thunderbirdclubhouse.org 321-7331
Transition House 700 Asp Ave. #2	Transitional living program for adults with mental illness. For more info, go to thouse.org 360-7926

<b>RENT and UTILITY and FINANCIAL ASSISTANCE</b>	Ε	
Alameda Church of Christ (utilities)         801 E Alameda		321-0788
Low Income Household Water Assistance Program (LIHV		522-5050
Catholic Charities (ccokc.org) 1232 N Classen		523-3000
Sanctuary House Women's Day Shelter 425 E. Tonhaw	Va Rental and Electric deposits Call at 8:00am	701-8248
St. Vincent de Paul at St. Andrew (utility/other)	Moore school district only, Call and leave message	799-3334
St. Vincent de Paul at St. Joseph (rent/utility)	Norman/Noble area Call for appointment. 1x a year limit	701-3693
St. Vincent de Paul at St. Mark	Norman/Noble/Blanchard zip codes, Call and leave a message	366-8070
St. Vincent de Paul at St. Thomas More (rent/utilities)	Call for Appt. Norman/Noble residents, 1x year limit	329-5372
St. Vincent de Paul at Our Lady of Victory (rent/utilities)		595-1087
Food and Shelter for Friends (rent) 201 Reed	Call for info/availability, proof of income and eviction notice required	360-4954
lifespringnorman.com (rent/utilities) 600 W. Tecur		292-7770
McFarlin Methodist (utilities) 419 S University		321-3484
Mission Norman (utilities <u>or</u> rent) 2525 E. Linds		321-8880
Salvation Army (rent/utilities) 1124 N. Porter		364-9910
Cornerstone Baptist Church Slaughterville 10101 60 <sup>th</sup>	Helping Hands Ministry for local residents only. Limited availability, call first	872-5576
Women's Sanctuary Development Center 425 E. Tonhay		701-8293
	rvices, go to: www.unitedwaynorman.org/help See "Senior Resource Guide"	
Agingservicesok.com 1179 E Main	Wheelchairs, walkers & adult diapers. (Congregate meal M-F 11:30-12 @ 329 S. Peters)	321-3200
Vet Service Coordinator 210 S. James Garner	Provides avenues to claim benefits from county, state and federal agencies. O:366-0673 (	
Dale K. Graham Vet Foundation 1233 W. Lindsay	Accredited foundation serving veterans & families in the VA claims process DKGVF.ORG	550-8806
Full Circle Daycare fullcircleok.org 4223 28th Ave NW	Adult Day Services M-F, 7:30-5:30 Caregiver Support 1st Tues @ Comm Serv Bldg.	447-2955
EnvisionSuccessOK.org 1151 E. Main Bldg G		701-2015
purplehearthomesusa.org (No Purple Heart required)	1 6 6	4-838-4044
Red Cross Military Veterans Care Network	Assistance for financial emergencies, reintegration, counseling and more. Email:info.mvcn@	redcross.org
TRANSITION HOUSING and SHELTER		
	Provides qualifying H.S. students with access to housing/basic services so they can graduate	579-9280
	Check-in at 5:00. Beds for 26 men/14 women. Currently reserving beds for guests working on ho	
	Call for Info: Monday – Friday, 9-5	360-4954
• •	Builds affordable homes, wheelchair ramps, repairs, yard clean-up. See website for more info.	366-2813
	Housing for homeless families with children. Call for application.	321-8880
	Housing/rental assist. for low-inc. families & handicapped/elderly See: normanha.org	329-0933
	As space permits (14 day limit every 45 days) Valid ID, check-in @4:30- 6, 1 bag limit	364-9910
Salvation Army 318 E Hayes A	is space permits (11 day mint every 15 days) vand 1D, eneek in @ 1.50 0, 1 bag mint	
•	Fransitional living program for adults with mental illness	360-7926
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